



MISSION STATEMENT

The mission of The South Suburban Council on Alcoholism and Substance Abuse is to deliver a continuum of treatment and recovery support services to residents of the greater Chicago Southland area and surrounding communities particularly those who are financially disadvantaged.

Licensed by the Illinois Department of Human Services, Division of Alcohol and Substance Use Prevention and Recovery and certified for Medicaid reimbursement.

The Council does not discriminate on the basis of race, color, religion, ancestry, national origin, gender, age, mental or physical handicap, marital status, HIV status, sexual orientation, transgender status, parental status, status of disabled veteran or veteran of the Vietnam era and/or political affiliation.

The Council is handicap accessible and gives pregnant women and injecting drug users priority to treatment services.

The Council does not deny access to service because of a proven inability to pay.

 **SouthSuburbanCouncil**

 **@ssca_thecouncil**



COMMUNITY RELATIONS AND OUTREACH

The South Suburban Council on Alcoholism & Substance Abuse provides educational presentations for groups of all ages. Tailored programs are developed to be responsive to each group's needs, ages and allotted time frame. Following is only a partial list of previous presentations.

- Information on Specific Drugs
- Substance Abuse and the Effects on the Family.
- Alcohol and the Effects on Brain & Body
- Alcohol Awareness, Signs & Symptoms
- Signs of Drug Abuse in Adolescents
- Drug Abuse in the Workplace

METHODS OF PAYMENT

- Insurance
- Sliding Scale
- Government assisted payment
- Certified Medicaid Provider
- Cash, Check, Visa, Discover & MasterCard
- PayPal

CONTRIBUTIONS AND DONATIONS

The Council greatly appreciates and accepts monetary and other donations.

A list of needed items may be obtained by calling 708-647-3333.

Your contribution may be sent to:

THE COUNCIL Attn: Finance Department
1909 Cheker Square East Hazel Crest, IL 60429
or through our website www.sscouncil.org

INPATIENT & OUTPATIENT SERVICES



THE SOUTH SUBURBAN COUNCIL

ON ALCOHOLISM AND SUBSTANCE ABUSE

1909 Cheker Square
(174th & Dixie Highway)
East Hazel Crest, IL 60429

www.sscouncil.org

FOR INFORMATION OR HELP:

708-647-3333

Licensed and partially funded by the Illinois Department of Human Services
Division of Substance Use Prevention and Recovery
Division of Mental Health and the United Way
Accredited by The Joint Commission

THE COUNCIL SERVICES

- Variable Length of Stay
- Clinically Managed Residential
- Medically Managed Detoxification
- Rehabilitation and Outpatient Programs
- TB Testing and Counseling
- Family Reunification
- Drug Testing
- Case Management
- Smoke Free Treatment

EVIDENCE BASED TREATMENT

- Brief Intervention
- Seeking Safety Model
- Matrix Model
- Motivational Interviewing
- Contingency Management
- Criminogenic Needs
- Cognitive Behavioral Therapy
- Stages of Change Evaluation
- Trauma Recovery and Empowerment
- Helping Women and Men Recover

CENTRAL INTAKE

Monday - Friday 7 a.m. - 7 p.m.

Prospective patients and referral agencies with admittance inquiries contact Central Intake. Thorough diagnostic assessments are provided to ascertain the nature and extent of addiction.

- Centralized help and information line
- Chemical dependency evaluation
- Treatment recommendations
- Placement recommendations in appropriate level of care

RESIDENTIAL TREATMENT SERVICES

Patients are offered a safe, supportive, and structured environment where they can learn and practice the principles of recovery. Treatment components for the Residential Treatment Programs include:

- Variable Length of Treatment
- Introduction to 12-step Programs
- Individual and Group Counseling
- TB Testing and Counseling
- Educational Seminars
- Discharge Planning
- Job Readiness Skills Training
- Medical Oversight
- Case Management
- Smoking Cessation Support
- Holistic Approach to Treatment
- Trauma Informed Care
- Evidence Based Treatment Curriculum
- Psychiatric Services
- Medication Assisted Treatment (MAT)
- Personal Recovery Coach

RESIDENTIAL CRISIS STABILIZATION PROGRAM (RCS)

This is a specialized program within the Residential Treatment Services – South building. This program is specifically designed for hospital emergency department and select state mental health facility referrals. It targets patients with co-occurring disorders. This program was implemented as an alternative resource after the closing of Tinley Park Mental Health Center. These services are jointly funded by DMH and SUPR. Services include psychiatric assessment, medication management, specific co-occurring treatment groups, and counseling services, all provided in a 10 day stabilization program.

ADULT OUTPATIENT PROGRAMS

Monday - Friday 8 a.m. - 9 p.m.

Outpatient programming allows patients to receive treatment in a non-restrictive environment. Treatment plans are structured to meet the needs of each patient by identifying the consequences of chemical dependency and assisting in changing behaviors to coincide with a commitment to recovery. Treatment components include:

- Variable Length of Treatment
- Basic and Intensive Groups
- Individual Counseling
- Parenting Skills Training
- DUI Counseling and Education
- Job Readiness Skills Training
- Random Drug Testing
- Morning & Evening Groups
- Evidence Based Treatment Curriculum
- 12 Step Support Meetings
- Co-occurring Basic and IOP Groups
- Personal Recovery Coach

OUTPATIENT MEDICAID CERTIFIED COMMUNITY MENTAL HEALTH PROGRAM

The Medicaid Certified Community Mental Health Program provides mental health services to clients at least 18 years of age or older who have been diagnosed with a mental health illness and/or emotional disorder that has resulted in significant impairment in the client's level of functioning in one or more major life areas.

MULTIDISCIPLINARY TEAM

- Medical Director
- Certified Alcohol and Drug Counselors
- Certified Case Managers
- Consulting Dietician
- Consulting Psychiatrist
- Certified CODP Counselors
- Certified Assessment and Referral Counselors
- Licensed Registered Nurses
- Dual Diagnosis Specialists
- Licensed Clinical Professional Counselors
- Recovery Coach
- Certified Criminal Justice Professional